

# MK Fencing Academy: Fencers Policy and Code of Conduct

## I. Fencers Policy and Code of Conduct During Training Sessions

At MK Fencing Academy, our goal is to foster an environment where every fencer can develop their skills, discipline, sportsmanship, and team spirit. To achieve this, we expect all fencers to adhere to the following guidelines during training sessions:

### 1. Respect the Training Environment:

- Fencers are to maintain focus and discipline throughout the training sessions. Distractions should be minimized to ensure that everyone can benefit from a productive learning environment.

### 2. Punctuality and Preparation:

- Fencers should arrive on time and be fully prepared with all necessary equipment before the session begins. This includes wearing the appropriate attire and ensuring that all gear is in good working order.

### 3. Follow Coaches' Instructions:

- Trust and respect the expertise of the coaching staff. Fencers are expected to follow all instructions given by coaches during training sessions without question or hesitation.

### 4. Effort and Attitude:

- Fencers should give their best effort in every session. A positive attitude and willingness to learn are key to improving both individual and team performance.

### 5. Sportsmanship:

- Show respect for fellow fencers, coaches, and all participants. Support your teammates, refrain from negative comments, and demonstrate good sportsmanship both on and off the piste. Fencers should embody the values of fair play, respect for opponents, and graciousness in both victory and defeat.

## **6. Team Spirit:**

- Foster a sense of camaraderie and teamwork. Fencers should actively support and encourage their teammates, both during training and in competitions. Building a strong team spirit is essential for the overall success of the academy.

## **7. Safety and Discipline:**

- Safety is paramount. Fencers must follow all safety protocols set by the academy, including proper use of equipment and maintaining discipline during drills and sparring. Any safety concerns should be immediately reported to the coaching staff.

## **II. Fencers Policy and Code of Conduct During Official Events**

During official events, such as competitions and tournaments, fencers represent MK Fencing Academy and are expected to uphold the highest standards of conduct, sportsmanship, and team spirit. The following rules apply:

### **1. Respect for Opponents and Officials:**

- Fencers must show respect for their opponents and officials at all times. This includes shaking hands with opponents after matches and accepting the decisions of referees without protest.

### **2. Focus and Composure:**

- Maintain focus and composure during matches. Fencers should avoid showing frustration or engaging in unsportsmanlike behavior, regardless of the outcome.

### **3. No Coaching from Fencers:**

- Fencers should refrain from offering advice or coaching to teammates during their matches. All guidance should come from the coaching staff.

### **4. Team Spirit and Support:**

- Support your teammates with positive reinforcement. A strong, united team spirit is crucial for success in competition. Fencers should cheer for each other, celebrate successes, and offer encouragement during challenging moments.

### **5. Adherence to Event Rules:**

- Follow all rules and regulations set by the event organizers, including those related to conduct, equipment, and attire. Failure to comply may result in penalties or disqualification.

### **6. Communication with Coaches:**

- If fencers have any concerns or questions during an event, they should communicate with their coach at an appropriate time, preferably between matches or after the event.

### **7. Sportsmanship:**

- Fencers are expected to demonstrate exemplary sportsmanship at all times. This includes being respectful to all participants, avoiding negative remarks, and upholding the spirit of fair competition.

### **8. Safety and Conduct:**

- Fencers are responsible for ensuring their behavior aligns with the expectations of MK Fencing Academy and the event organizers. Any conduct deemed unsafe or inappropriate may lead to disciplinary action.

By adhering to these guidelines, fencers will not only enhance their own development but also contribute to the positive reputation of MK Fencing Academy. We appreciate your dedication and commitment to excellence in fencing.